

SWISS CLUB – HOME FOR ALL NATIONALITIES

SWISS + CLUB

JULY – DECEMBER 2024



It's that Oktoberfest time of the year again...

We don't mind tooting our own horn - it is THE Party of the Year!

Wheely great times!

And here come Swiss National Day, Halloween and Christmas!

We made a splash at the Summerfest...

The festivities never end...



CELEBRATE SWISS NATIONAL DAY AT THE SWISS CLUB

There is no better place than the Swiss Club to celebrate Swiss National Day and all things Swiss. Do join us – everyone is welcome, Swiss or not!

SATURDAY • 3 AUG 2024 • 6PM • THE LAWN

Featuring

- Apero on the Lawn, courtesy of the Swiss Embassy
- Broadcast of Swiss President's Address to the Swiss Abroad
- Traditional alphorn and Swiss musical performances
- Sumptuous buffet dinner and live stations serving raclette and Swiss delicacies
- Live music and dancing
- Lucky draw
- Lampion parade

Visit www.swissclub.org.sg for registration details.

\$80
(SC Members
& Swiss Pillars)

\$90
Public

\$35
Child
(5 - 12 years old)



Members RSVP



Public RSVP



A Note from the Editor

Dear Members and readers,

As a biannual publication, the Swiss Club magazine is filled with equal parts 'looking back' and 'looking forward'. It is always packed with photos and memories of good times past, and filled with the promise of good times to come.

In this mid-year issue, you can relive the romance of this year's Valentine's Dinner, and the spectacle of the Club's annual lion dance. We've also recapped the exquisite epicurean experience of the Four Hands Dinner, and revisited the Club's sensational Spanish night. I especially enjoyed writing about the charity event for low-income families during Ramadan, organised by the Club's big-hearted staff.

Enough tripping down memory lane. To say the second half of the year will be an eventful one would be an understatement. There's the much-anticipated Swiss National Day celebration, the Club's always-stupendous Oktoberfest, a fun Halloween party, and of course all the merriment and excitement of Christmas. I guess that's just one of the many great things about being a Member of the Swiss Club – truly, the festivities never end.

Enjoy the action-packed months to come!

Yours sincerely,



Suzanne Lauridsen
Editor, Swiss Club

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Club Management, Staff and Reservations



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Welcome

PLEASE JOIN US IN EXTENDING A WARM WELCOME TO OUR NEW SWISS CLUB MEMBERS*.

| Name | Type of Membership |
|------------------------------------------------------|------------------------|
| Matthias Eglin | Ordinary |
| Alex Reber | Ordinary |
| Jan Reber | Ordinary |
| Chu Jun & Han Jin | Ordinary / Associate |
| Laurent Stieger & Stieger-Ye Jing | Ordinary / Associate |
| Lucie Wullschleger & Brice Tchapyguine | Ordinary / Associate |
| Vishal Agarwal & Rakhee Shah-Agarwal | Associate |
| Saulo Aievoli & Ana Beatriz Cicarelli-Aievoli | Associate |
| Martin Ricardo Arias Tinoco & Diana Ferreira Galindo | Associate |
| Jimin Baek & Na Joung Kee | Associate |
| Sarah Bennison & David Patterson | Associate |
| Cai Daolu & Cai-He XueYuan | Associate |
| Cameron Ekert | Associate |
| Vicky Grueber | Associate |
| Han Lin-Fei & Joan Wiguna | Associate |
| Sam & Susannah Harvey-Jones | Associate |
| Jacob Holmqvist & Yip Peiwen | Associate |
| Huang Renqiang & Danya Zhai | Associate |
| Huang Shilin & Chloe Tai-Huang | Associate |
| Adam & Annmarie Hyland | Associate |
| Katsuya & Noriko Inoura | Associate |
| Thomas King & Crystal Wong | Associate |
| Anthony & Jelita Kinnear | Associate |
| Peter Kneipp & Zhang Jing | Associate |
| Sharad & Sarah Lal | Associate |
| Dean Lochrie & Paris Lia-Lochrie | Associate |
| Lu Jia & Cao Jie | Associate |
| Liam McCarten & Ilse Vosters-McCarten | Associate |
| Tobias & Caroline Rolle | Associate |
| Eloise Lane-Silberstein | Associate |
| Marianne Silberstein | Associate |
| George Smith & Danielle Peirce-Smith | Associate |
| Daniel Soos & Ernesztina Molnar-Soos | Associate |
| Guillermo Melhem Veiga & Helena Masso Cabruja | Associate |
| Wong Ee Wai Steven | Associate |
| Marcos Yuba & Roberta Brito | Associate |
| Caleb Baker & Joy Koh-Baker | Associate Transferable |
| Kim Yunjeong & Lee Sang Min | Associate Transferable |
| Yap Boon Leong & Jiang Lili | Associate Transferable |
| Christian M Sandric & Carol Tsang-Sandric | Non-Swiss Nominee |
| Niklas & Sonja Keulers | Term |

*Joined between December 2023 and June 2024

THE HOME FOR ALL NATIONALITIES



REFERRAL REWARDS FOR SWISS CLUB MEMBERS

*Receive up to *\$1000 Club Credits when
you refer your Swiss friends to us!*

**VISIT [SWISSCLUB.ORG.SG/REFER](https://www.swissclub.org.sg/refer)
FOR MORE INFO**

*Terms & Conditions apply.

A Message from the Committee

AS WE LOOK AHEAD, WE ARE EAGERLY ANTICIPATING THE UPCOMING OKTOBERFEST, AN EVENT THAT PROMISES TO BE MORE VIBRANT THAN EVER BEFORE. THE EXCITEMENT SURROUNDING THIS CELEBRATION IS PALPABLE, AND WE CAN'T WAIT TO SHARE IN THE FESTIVITIES WITH ALL OF YOU.



Dear Members of the Swiss Club,

We hope this message finds you in good spirits and enjoying precious moments with your loved ones. As we reflect on the past months, we are filled with immense gratitude for your steadfast support, insightful feedback, and unwavering dedication to our Swiss Club community, which has steadily grown in the last few years. Your commitment has been the cornerstone of our collective success and the vibrant spirit of our club.

The first half of 2024 was packed with activities, thanks to the relentless efforts of our Management team. Their dedication has ensured that our club remains a hub of lively engagement and enriching experiences. We are particularly proud of the successful annual events, such as our Easter celebration, quarterly Pool Party and Swiss Club Summerfest, which brought our community together in joyous celebration. The enthusiasm and participation at these events have been truly heartwarming.

As we look ahead, we are eagerly anticipating the upcoming Oktoberfest, an event that promises to be more vibrant than ever before. The excitement surrounding this celebration is palpable, and we can't wait to share in the festivities with all of you.

Moreover, we are thrilled to see that the upgrades made to our facilities over the last few years are being regularly utilised by our Members. The state-of-the-art gym and studio, the rejuvenated outdoor fitness area, and the versatile function rooms have all been buzzing with activity. These enhancements have undoubtedly enriched the experiences of our Members, providing modern, well-equipped spaces for a variety of activities and events.

We eagerly anticipate creating more unforgettable moments together in the latter half of 2024 and beyond. Our commitment to fostering a dynamic and inclusive community remains as strong as ever, and we are excited about the opportunities that lie ahead.

Until then, we look forward to seeing you at the Swiss Club!

Warm regards,

D. Schacher

Dominic Schacher
Treasurer, Swiss Club

Swiss Club – Home for all Nationalities

A Message from the General Manager

WHO NEEDS A SPECIAL OCCASION TO DINE AT THE CLUB? GIVE YOURSELF (OR YOUR HELPER) A BREAK FROM COOKING, AND COME AND ENJOY OUR GREAT FOOD AND WARM HOSPITALITY, ANY NIGHT OF THE WEEK!



Dear Members,

It's hard to believe that we've reached the middle of the year, but the calendar on my computer does not lie. As we embark on the second half of the year, it's a good time to pause and remind ourselves of a few Club guidelines. I almost wrote 'rules', but stopped myself, for that word suggests a regimented environment with lots of dos and don'ts, unsmiling and deliberately distant staff, and a very formal dress code. Clearly, that is not our Club. (Speaking of dress codes, get a load of the funky threads donned by sporting Members at our Groovy 70s Party, on pages 24 and 25 of this issue. Love your style!)

Here come the gentle reminders. Firstly, now that we have transitioned to RFID Member Cards, please do remember to keep yours handy and present it whenever you use Club facilities. This will go a long way towards preventing misuse and avoiding incorrect billings. Secondly, do note that much-needed maintenance works are under way. The leisure pool will be closed from 1 to 31 July, and the padel court will be closed from 8 to 14 July (subject to weather conditions). Thank you for your patience, and apologies for any inconvenience caused.

I'd like to also remind you of a few important dates. Coming up in the near future are three major events – namely our Swiss National Day celebration on 3 August, which is open to the public and always hugely popular, our fun-filled Pool Party on 18 August,

and last but by no means least, our stupendous Oktoberfest from 11 to 15 September. The latter has become an institution on Singapore's social scene. This year, we smashed all records on the first day of Members' ticket sales, on 1 June, selling 1,800 tickets out of a total of 2,800 Saturday night tickets in a single day. Wow.

Major events aside, our wonderful restaurants host special events and dish up seasonal promotions all year round. And whatever occasion you're celebrating, we have the perfect venue – from fine dining at Arbenz to casual dining at Pergola, and flexible event spaces at Pavilion. Then again, who needs a special occasion to dine at the Club? Give yourself (or your helper) a break from cooking, and come and enjoy our great food and warm hospitality, any night of the week!

May the second half of 2024 see all of your plans bear fruit. Stay well, have fun, and have a fantastic summer break!

Yours sincerely,

A. Lim

Aaron Lim
General Manager, Swiss Club

Swiss Club – Home for all Nationalities

All Caught UP

LEARN WHAT'S NEW – AND THE RIGHT THINGS TO DO – AT THE SWISS CLUB.

GO SLOWER DURING SCHOOL DROP-OFF AND PICK-UP TIMES

For the safety of our neighbouring schools' students, please reduce your vehicles' speed during drop-off and pick-up times, in the early morning and mid-afternoon on schooldays.



RESTRICTED ACCESS TO GYM

Swiss Club Members are not permitted to bring their guests into the gym. Usage of the gym is strictly limited to Swiss Club Members and Guesthouse guests.



RESTRICTED ACCESS FOR GUESTS ON WEEKENDS

On weekends and Public Holidays, non-members are not permitted to use Swiss Club facilities other than Arbenz, where they are welcome to dine when accompanied by a Swiss Club Member. In addition, domestic helpers are not permitted at the Swiss Club on Sundays and Public Holidays.



RFID CARD ACCESS

Please collect your RFID Membership Cards from the Reception from 10am – 7pm to access the tennis booking system, towel machine and all F&B outlets.



Dining Outlets

JUNGLE COVE

(Last food order 9.30pm)

Mon – Thu:

11.30am – 10pm (Last beverage order 9.30pm)

Fri: 11.30am – 10pm (Last beverage order 9.45pm)

Sat, Sun & PH: 10am – 10pm (Last beverage order 9.45pm)

Dinner reservations only Dress code: Casual

PERGOLA

(Last food order 9.30pm)

Mon – Thu:

8am – 10pm (Last beverage order 9.45pm)

Fri, Sat & Eve of PH:

8am – 10pm (Last beverage order 9.45pm)

Sun: 8am – 10pm (Last beverage order 9.45pm)

Breakfast daily: 8am – 11am

Dinner reservations only

Dress code: Casual (no bath towels)

Opening Hours

ARBENZ RESTAURANT

Mon & Tue: Closed

Wed – Sun:

11.30am – 3pm (Last food order 2.15pm) & 6pm – 11pm (Last food order 9.30pm, last beverage order 10.45pm)

Lunch and dinner reservations are recommended

Dress code (lunch): Smart casual (smart shorts, no slippers and singlets)

ARBENZ LOUNGE TERRACE

(Drinks only, no dining)

Mon & Tue: Closed

Wed – Sun:

11.30am – 3pm & 5.30pm – 11pm (Last beverage order 10.45pm)

Dress code (lunch and dinner): Smart casual (no shorts, slippers and singlets)

Club Premises

Daily: 7am – 12mn

The Guesthouse/Reception

Daily: 9am – 8pm

Room Reservations:

E recept@swissclub.org.sg

T 6591 9420

Sports Facilities

Daily

| | |
|--------------------|-------------|
| Tennis/Padel Court | 7am – 11pm |
| Football Field | 7am – 11pm* |
| Gym | 6am – 11pm |
| Multicourt | 7am – 11pm* |
| Leisure Pool | 7am – 10pm |

Mon – Fri

| | |
|---------------|----------------------------------------|
| Lap Pool | 6pm – 10pm |
| Sports Hall** | Only available for exclusive bookings. |

Please approach Reception for more information.

Weekends, Public and Chatsworth School Holidays

| | |
|---------------|----------------------------------------|
| Lap Pool | 7am – 10pm |
| Sports Hall** | Only available for exclusive bookings. |

Please approach Reception for more information.

DINING RESERVATIONS

W www.swissclub.org.sg/restaurants

T 6591 9420 F 6591 9452

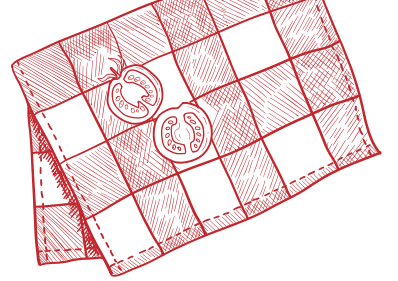
BANQUET ENQUIRES

E banquetsales@swissclub.org.sg

T 6591 9430 / 6591 9427

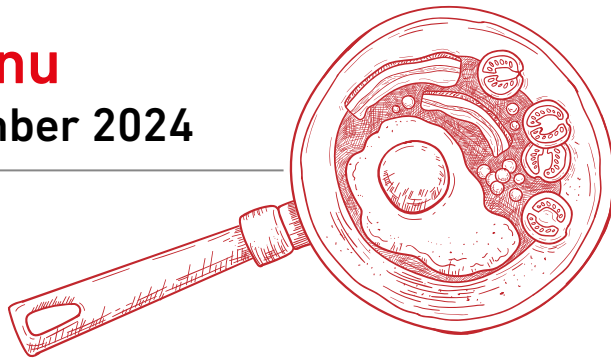
For restaurant reservations, please call 6591 9420, from 10am – 7pm.

After office hours, please call 6591 9431.



On the Menu

July to December 2024



JULY

PROMOTION

8 – 21 Jul

Rosti Revival  

24 Jul – 2 Aug

Oh Risotto! 




F&B EVENTS

AUGUST

PROMOTION

7 – 18 Aug

Sensational Ceviche 

21 – 25 Aug


Dining Under the Stars 

EXCLUSIVE
F&B EVENT

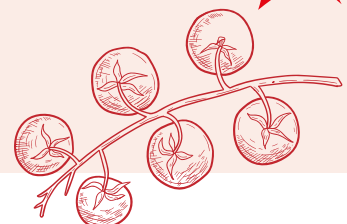
24 – 25 Aug

Thrill of the Grill  
BBQ Live Station

28 Aug – 1 Sep

Burgundy Wine Week 
3-Course Dinner with Wine Pairings

EXCLUSIVE
F&B EVENT



 Arbenz  Arbenz Lounge Terrace  Pergola  Jungle Cove  Lawn  Rifle Lounge  Pavilion

All events and promotions are subject to changes or cancellation due to unforeseen circumstances.
Additional terms and conditions apply. Please check the Club's e-Newsletters for further details and updates.



SEPTEMBER

PROMOTION

1 Sep

Swiss Z'morgen



EXCLUSIVE F&B EVENT

22 Sep

Roast Semi-Brunch



EXCLUSIVE F&B EVENT

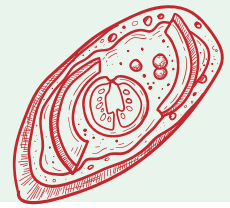
23 – 30 Sep

Pasta Brava!



25 Sep – 6 Oct

Tartare Treats



OCTOBER

PROMOTION

2 – 6 Oct

Australian Wine Week
3-Course Dinner with Wine Pairings



EXCLUSIVE F&B EVENT

5 – 6 Oct

Flippin' Great Burgers
Live Station



7 – 13 Oct

Mamak Special
Tandoori Treats



14 – 20 Oct

Sensational Ceviche



25 Oct

Guest Chef



29 Oct – 3 Nov

Deepavali Delights



EXCLUSIVE F&B EVENT



Arbenz



Arbenz Lounge Terrace



Pergola



Jungle Cove



Lawn



Rifle Lounge



Pavilion

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NOVEMBER

PROMOTION

3 Nov

Seafood Semi-Brunch



4 – 10 Nov

Peranakan on Parade
A Showcase of Nyonya Cuisine

6 – 17 Nov

Wonderful White Truffles!

15 Nov

Wine and Cheese Fair



16 – 17 Nov

Sizzling Seafood

20 – 24 Nov

Italian Wine Week
3-Course Dinner with Wine Pairings



24 Nov

Swiss Z'morgen



DECEMBER

PROMOTION

1 – 25 Dec

Christmas Special

4 – 22 Dec

Christmas Set Menu

31 Dec

New Year's Eve Gala Dinner



ON THE WINE LIST



Scan for more info about our monthly wine promotions.



*Image is for illustration purposes only.

- Arbenz
- Arbenz Lounge Terrace
- Pergola
- Jungle Cove
- Lawn
- Rifle Lounge
- Pavilion

All events and promotions are subject to changes or cancellation due to unforeseen circumstances. Additional terms and conditions apply. Please check the Club's e-Newsletters for further details and updates.

Weddings & SOCIAL EVENTS



Creating Unforgettable Moments:
Your Dream Wedding and Social Events Await!



Packaged
For
PERFECTION

Scan The QR to Unveil the Details of
Your Dream Celebration



WWW.SWISSCLUB.ORG.SG

4 Hands, 2 Chefs, Countless Moments to Relish



ON FRIDAY, 17 MAY, 22 DINERS GATHERED AT ARBENZ FOR WHAT HAS BECOME SOMETHING OF AN ANNUAL TRADITION AT THE CLUB – THE ‘FOUR HANDS DINNER’ CURATED AND CREATED BY CHEF LORENZ RAICH, GROUP EXECUTIVE CHEF AT BROTZEIT, AND CHEF ADRIAN VOGT, FORMER EXECUTIVE CHEF AT SWISS CLUB SINGAPORE.



AN INVENTIVE AND BALANCED MENU

Firm friends united by their common heritage and shared passion for fine food, the two chefs were ably supported by F&B staff from their respective establishments.

The culinary experience kicked off at 6.30pm, with snacks served al fresco at Arbenz Terrace. After guests were seated, a sublime starter of Marinierte Lachsforelle, comprising 48-hour cured salmon trout, ikura, horseradish crème and lobster gel, was served at 7.30pm. It was followed by an appetiser of Atlantik Kabeljau – black cod fillet with beurre

blanc, white asparagus, wild garlic, crustacean oil and Kaluga queen caviar.

Next came the main course, the work of Chef Lorenz – Duett vom Milchkalb. The hearty yet delicately balanced dish comprised milk-fed veal loin and braised cheek with porcini mushroom sauce, Roscoff onion and marinated asparagus.

The sweet finale of Weisse Schokolade and Spargel, the invention of Chef Adrian, was a delightful tart of white chocolate and asparagus, field rhubarb and raspberry.

GREAT FOOD, ELEVATED BY GREAT WINE

Each course was complemented by a thoughtful wine pairing. Wines ranged from J Reinisch, St. Laurent, Holzspur 2018, a celebrated organic red hailing from the Thermenregion, Austria, that accompanied the main, to Clemens Busch, Marineburg 2022, a Reisling from Mosel, Germany, that was paired with dessert.

Kudos to the team that made the dream work. Do look out for details of the next Four Hands Dinner. It promises an unforgettable culinary experience.



The Swiss Club Turns Spanish

ON FRIDAY, 31 MAY, THE SWISS CLUB HOSTED VIVA ESPAÑA, AN EVENING OF SPANISH MUSIC, DANCE AND FOOD, AT ARBENZ. TWENTY GUESTS WERE TREATED TO A THRILLING FLAMENCO PERFORMANCE AND A FEAST OF SPANISH CUISINE.

UNIVERSAL LANGUAGE OF DANCE

The gifted flamenco troupe Flamenco Sin Fronteras, meaning 'flamenco without frontiers', mesmerised the audience with their energetic renditions of the Sevillanas, Corraletas, Tangos, Farruca, Alegrías, Segiriyas, and Boda Luis Alonso dances. The passionate performance transcended all cultural barriers and spoke straight to the hearts of the rapt audience.

TASTEBUDS WERE SINGING

The Spanish-themed menu encompassed a feast of beloved Spanish dishes with fusion and contemporary touches. An amuse bouche of Galician sourdough steak tartare was followed by an appetiser of deep-sea wild Spanish prawns with scorched soubise, saffron aioli and caviar.

For the main course, diners had a choice of wagyu sirloin or Spanish codfish, both served with Spanish sofrito, a European pumpkin emulsion and charred white asparagus. Dessert was a decadent Spanish almond cake with a meringue crust, and churros with vanilla crème.

Trust the Swiss Club to serve up such a multicultural feast for the senses. Thanks to all who shared in the transporting experience.





Loving Every Moment

ON WEDNESDAY, 14 FEBRUARY, A DOZEN COUPLES ENJOYED A DELECTABLE VALENTINE'S DAY DINNER AT ARBENZ. AS YOU CAN SEE FROM THE PHOTOS, THEIR AFFECTION FOR EACH OTHER WAS OBVIOUS, AS WAS THEIR ENJOYMENT OF THE SUPERB MEAL SERVED.

A MOUTHWATERING MENU

The 4-course menu abounded with choices. The delicious dilemmas began with the amuse bouche – seared Hokkaido scallops with vanilla carrot and spiced citrus crustacean emulsion, or French cherry tomato with herbed citrus maple ricotta and red shiso? Equally tantalising, both exquisitely light and tasty.

Appetisers ranged from seared foie gras served with lemon gel, caramelised fig and truffle grains, to exquisite whipped figs burratina. Mains catered to the meat lovers, the seafood fanciers and the vegetarians with wagyu beef, swordfish belly and a dish starring heirloom confit tomato.





EVENTS



SWEETS FOR SWEETHEARTS

Come dessert, diners found themselves torn between amaretto cherry tiramisu with macadamia tuile and Valrhona chocolate logs, or tropical berry shortcake with vanilla crème fraiche, mint and violet blossom.

Thank you to all couples who came to celebrate their love for each other, and their love of fine food.



Boom! Crash!

The Day the Lion Danced at the Club



ON SUNDAY, 18 FEBRUARY, THE SWISS CLUB UPHELD ITS ANNUAL TRADITION OF A LION DANCE. THE AGILE AND TALENTED TROUPE COMMENCED THEIR PERFORMANCE AT THE CLUBHOUSE AT 10AM, AND PROCEEDED TO EVERY PART OF OUR GROUNDS TO USHER IN GOOD LUCK FOR THE LUNAR NEW YEAR.





THE LUCKY NUMBER IS...

In keeping with tradition, our visiting lion laid out a lucky number formed by orange segments. This year's auspicious digits were **'8582'**.

GOOD LUCK, ALWAYS

Thanks to all who came and beheld the spectacle of the lion dance. We trust that good luck has followed you all year long!



**BANISHING THE BAD,
WELCOMING THE GOOD**

An important ritual in Chinese culture, the lion dance is believed to bring good luck and drive away evil spirits. It is typically performed on auspicious occasions such as Chinese New Year and grand openings of new stores and businesses.

During the dance, two performers wear a splendid red and gold lion's costume

and mimic the movements of a lion. The performer in front becomes the head and front limbs, while the one behind is the back and hind legs.

The dance itself is accompanied by beating drums, clashing cymbals and ringing gongs. The din is supposed to help frighten ghosts and evil spirits, much in the same way that the loud explosions of firecrackers are believed to scare them away.

Swiss Club Staff Host 50 Families for Iftar



ON 26 MARCH, FROM 6PM TO 8.30PM, THE SWISS CLUB HOSTED 50 LOW-INCOME MUSLIM FAMILIES FROM WOODLANDS FOR IFTAR – THE MEAL TRADITIONALLY EATEN BY MUSLIMS AFTER SUNSET TO BREAK THEIR FAST DURING THE HOLY MONTH OF RAMADAN. THE MEANINGFUL EVENT WAS AN INITIATIVE OF THE SWISS CLUB STAFF, AND FULLY FUNDED BY THEIR EFFORTS.

FROM IDEATION TO INVITATION

The idea was the result of brainstorming between Arbenz chefs and the Club's marketing and events team. They put their heads together, pooled their skills, roped in help from Dinah of The Mindful Camp who in turn introduced the organisers to IM volunteers, and rolled up their sleeves to make it happen.

The \$1,000 raised by the Swiss Club staff covered two-way transport for the guests, ingredient costs, and goodie bags for both guests and volunteers. A delicious Halal dinner spread, prepared by the Arbenz kitchen crew, was followed by kueh kuehs and accompanied by a quartet of non-alcoholic cocktails concocted

especially for the occasion by Swiss Club mixologists – bandung soda, bandung, syrup soda, and rose syrup.

On the evening of the event, the Club's studios and Enzian Room were set up as prayer rooms for guests to pray in after breaking their fast.

SHOUTOUT FOR OUR BIG-HEARTED STAFF

Congratulations to all staff involved, regardless of race, for turning an idea into reality and giving our special guests an opportunity to sample true Swiss Club hospitality.

ABOUT IM VOLUNTEERS NETWORK SG

Since November 2020, IM Volunteers Network SG has been established as a subsidiary of Signaturesofimran Group. Currently, the network has accomplished more than 250 minor and major community involvement initiatives with the assistance of more than 350 youth volunteers and over 80 community partners.

The network aims to inspire and champion youth volunteerism by coordinating meaningful community causes that help society.

Find out more about their good work at <https://www.imvolunteersnetworksg.com/>





ANNUAL GENERAL MEETING

PAVILION BALLROOM



23 September 2024
6pm onwards

LOOK OUT FOR MORE INFO IN OUR E-NEWSLETTER.



ARE YOU BRAVE ENOUGH?

HALLOWEEN PARTY

26 October 2024, 6pm – 10pm
Pavilion Ballroom

FEATURING...

- A Yummy Buffet
- A Spooky Haunted House
- A Racy Pumpkin Hunt
- A Candy-filled Pinata
- A Freaky Photobooth
- A Kooky Kids' Workshop

**A FRIGHTFULLY GOOD
TIME GUARANTEED!**



\$70 PER ADULT
\$30 PER CHILD
(5 - 12 YEARS)
\$10 PER WORKSHOP
(OPTIONAL)

For reservations and enquiries, call **6591 9420**
or email events@swissclub.org.sg.
Look out for more details in our e-newsletter.



A Wonderful Easter Brunch



IN KEEPING WITH TRADITION, THE SWISS CLUB HOSTED A HEARTWARMING AND MEMORABLE EASTER BRUNCH ON SUNDAY, 31 MARCH 2024, FROM 11AM TO 2PM. AROUND 130 GUESTS, MOSTLY FAMILY GROUPS, GRACED THE HAPPY OCCASION.

EGGS-ELLENT FUN

There was no end of fun things to do for the kids at our Easter brunch. A highlight was the customised T-shirt activity organised by Cool Kids Club, a new arm of Mindful Camp. Kids who 'liked' the Club on Instagram got to design their own T-shirt with an assortment of fabric paints, paste-on embellishments, iron-on patches, beads and so on, all provided by Cool Kids Club. Budding designers had a ball adding their signature touches to their Ts, aided by mums, dads and Cool Kids Club staff members.

From 12pm to 2pm, dozens of budding artists tried their hand at Easter egg painting on real eggs – or rather, hollowed-out eggshells. The results were delightful (and some downright 'smashing').

Meanwhile, a pair of Easter egg hunts at and around the Pavilion attracted hordes of chocolate-hungry hunters. At 12.30pm, the little ones aged 6 years and below got to dive into an 'egg pool' and grab as many eggs as they could get their hands on. Some plain old balls were cunningly disguised as eggs. A prize was awarded to the hunter with the most eggs, and everyone received a prize for joining in.

At 12.45pm, the older children were unleashed to locate the eggs that had been sneakily hidden by Swiss Club staff. They searched high and low, literally, as many eggs had been artfully concealed in the branches of shrubs and trees. The clever hunters and collectors were rewarded for their enthusiastic efforts with a main prize for the biggest egg haul, and a participation prize for everyone else.



EGGS-EPTIONAL FOOD

Chef Razy and his team prepared a sumptuous buffet spread that delighted everyone, from the most discerning foodies to the pickiest young eaters.

A duet of live stations served herb-marinated Australian rack of lamb and beef ribeye, with a red wine demi-glaze sauce and superb sides, and fettuccine and scallop aglio olio, cooked à la minute. The buffet tables were laden with crowd-pleasing favourites including prawn, barramundi and roast chicken dishes, along with kid-friendly chicken nuggets, penne pasta and a well-received newcomer, tempura fish.

A separate cold room housed exquisite appetisers such as fresh burrata cheese, fresh Irish oysters, and salmon and tuna sashimi. The mouthwatering dessert parade included a deliciously moist Easter-themed carrot cake, macarons and fruit platters.

Thank you to all who attended our Easter brunch, and to all of our hardworking staff who made it a very special occasion. No doubt it yielded many happy snaps for our Members' family photo albums.



EVENTS

ABOUT COOL KIDS CLUB

Officially launched in May, Cool Kids Club is a fresh new initiative by the Swiss Club's beloved vendor of almost a decade, Mindful Camp. The club organises four workshops every weekend:

Saturday and Sunday: 10.30am to 12.30pm & 1pm to 3pm

Workshops cover a wide range of activities, from arts and crafts to cooking and baking, inventing and making. Think creative, immersive fun!

Visit CoolKidsClub.sg to find out more.

Groovy, Baby!

ON SATURDAY, 4 MAY, ALMOST 100 PARTY PEOPLE ROCKED UP FOR THE SWISS CLUB'S MUCH-ANTICIPATED GROOVY PARTY IN THE PAVILION BALLROOM AND FOYER. AS THE PHOTOS CONFIRM, A FABULOUS TIME WAS HAD BY ALL.

ALL DRESSED UP

Kudos to our sporting Members for rising to the occasion and upholding the groovy dress code. Flared pants and chest hair, big hair and shiny sequins were everywhere to be seen... Some dead-ringers for the Village People were also spotted in the building, sporting tight leather pants, hard hats and feathered headdresses.

Congratulations go to the ultimate winners of the best-dressed contest – Kevin and Thayna. Their standout costumes and put-together period detail dazzled the judges.



DANCING THE NIGHT AWAY

The party people busted out their moves to retro tunes from ABBA to the Bee Gees and beyond, under groovy disco lighting. Their energetic revelry was fuelled by the complimentary supper of Wienerli Sausage with German Mustard, Bread Roll (next-level hot dogs) and a first drink on the house. A crowd-pleasing menu of hot snacks, including French fries and popcorn chicken, was also available for purchase throughout the evening.

A steady stream of game guests patronised the infamous dentist's chair, in which alcoholic shots were dispensed via a syringe squirted into the mouth. (For sure, it was the most fun anybody ever had at the dentist.) Other brave souls dispensed with dignity and rode the rodeo bull, from 8pm to 10pm.

Suffice to say, everyone had a blast.



Celebrating Mothers



ON SUNDAY, 12 MAY, THE SWISS CLUB HOSTED A DELIGHTFUL MOTHER'S DAY SEMI-BRUNCH, FROM 11AM. AS YOU CAN SEE FROM THE PHOTOS, MANY MAGIC MEMORIES WERE MADE.

A LEISURELY FEAST OF FOOD AND CONVERSATION

The event was fully booked, with 71 adults and 27 children seated at tables spanning both Arbenz and the Rifle Lounge. Most groups were seated and dining before midday. Mothers were presented with small bouquets on arrival.

The style of dining was very relaxed, with pauses between courses that allowed ample time for conversation. The beautifully plated courses were a feast for the eyes as well as the tastebuds.

For the main course, diners were offered a choice of Confit Duck Leg with Pommery Mustard Potato Puree, Broccolini and Brandy Jus; BluCurrent Sustainable Barramundi with Sauce Vierge, Vanilla Pumpkin and Asteraceae; Marinara-style Pan-seared Gnocchi with Seasonal Vegetables and Parmigiano Reggiano; and Australian Angus Sirloin with Thick Cut Chips, Slaw and Pink Peppercorn Jus. Meanwhile, the kids tucked into sirloin steak, gnocchi with cheese and tomato, or fish and chips.

A MOUTHWATERING MENU

The feast kicked off with a selection of appetisers artfully arranged on sharing platters – a burrata salad with heirloom tomatoes, salmon tartare on toast, peri-peri prawns and assorted cold cuts.



For the sweet finale, a sharing platter of tempting desserts included Chocolate Opera with Pistachio Dust, Assorted Macarons, and Strawberry and Watermelon Cake.

LOVINGLY CURATED WORKSHOPS AND LOVING CREATIONS

From 11.30 onwards, kids were free to drift downstairs and join in their choice of three art and craft workshops. Some especially eager artists joined all three!



One popular workshop was organised by Mindful Camp, who run the popular Cool Kids Club at the Swiss Club. Under the supervision of the friendly ladies in attendance, over a dozen children crafted pretty mixed-media hanging banners for their mums. Glitter glue pens, pom poms, paper roses and all manner of pretty embellishments were put to good use and spectacular effect!

Two other equally well-attended workshops, organised by the Swiss Club team, invited kids to sculpt and mould DIY flowerpots from kid-safe play dough, and paint mini canvases with acrylic paints laid out on artists' palettes. Multicoloured love hearts and rainbows proved popular subject-matter.

WELL DONE, AND THANK YOU

Congratulations to the team behind the scenes and front-of-house, including four part-timers called in to support our regular staff, on pulling off another exceptional event. Above all, sincere thanks to all of the families who chose the Swiss Club as the setting for their Mother's Day celebration.



MESSAGES FOR MUMS

We are honoured to share a few of the heartfelt messages penned by our younger diners for their much-loved mums.

"Happy Mother's Day to the best mummy in the world!"
Maya Saito

"Thanks for all your love and support."
Surina Ederer

"I love you. Thank you for all the food you make for me that I like very much!"
Marco Ederer

"Thank you for everything that you've given me."
Lila Richard

"We hope you like the unicorn!"
Taylor and Jayden Caderas

"Dear Mum, thank you for everything. We love you and dearly appreciate you!"
Paul, Henri and Theodor Klingenberg-Timm

"I love you for eternity!"
Diya Richard

Summerfest 2024

What It Lacked in Sun, It Made Up for in Fun



ON SATURDAY, 1 JUNE, THE SWISS CLUB HELD ITS NOT-SO-SUMMERY SUMMERFEST. THE RAINY START DID NOTHING TO DAMPEN THE SPIRITS OF OVER 150 SPORTING MEMBERS AND VISITORS.

BOUNCE, SLIP, SLIDE AND DUNK!

The kids burned plenty of energy and had tons of fun on the ever-popular bouncy castle and water slide. From 12pm to 3pm, our good-natured staff became sitting ducks (aka victims), poised precariously on a plank above the dunk tank.

Never mind that the event was not drenched in sunshine – our staff sure got drenched at the dunk tank!

FUN AND GAMES, ARTS AND CRAFTS

A trio of games booths fuelled the competitive spirit in young and old. Dozens tried their hands and flexed their muscles at Galaxy Shootout, Axe Throwing, and Basketball Shootout.

In addition, engaging workshops organised by The Mindful Camp offered kids the chance to play a fun game of Colour Match, and make their own friendship bracelets and keychains.

HERE COME THE HARLEYS...

Undeterred by the rain, a big-hearted convoy of Harley Davidson owners rocked up at 11am. They thrilled the kids and generously offered their rides for photo opportunities.



MUCH TO MUNCH ON

Of course no event at the Swiss Club would be complete without food, and lots of it. The hungry hordes sated their appetites at carts selling ice cream, popcorn and candy floss, chicken kebabs, popcorn chicken, cheesy French fries and churros.

Kudos to all who forged ahead and pulled off yet another successful Summerfest, weather or not.

OUR FABULOUS FLEA MARKET

Organised by Silk Walk, the curated lineup of vendors comprised Four Boys, The Pink Monk, Lapi Papi, Love Medley, from the dot, therituals co., The Dara.S, Ginger Lily, PetaLove, VegAmore Craft, Living Stones, Apostrophe, Still Supplies – Mindful Tea,

Bootstrap, and Silk Walk. They sold a myriad of sustainable, handmade and locally made goods, offering an ideal opportunity for some alternative retail therapy. After setting up shop around the roundabout, they stayed open for business till 6pm.



CALENDAR OF EVENTS

JULY TO DECEMBER 2024

Scan for
more details
on exciting
events



JULY

10 – 15

Glamping



13

Movie Night
Leo



27

Kids' Workshop
DIY Singapore
and Chinese Crafts



AUGUST

3

Swiss National Day
Celebrations



10

Movie Night
Clifford the Big Red Dog



16

New Members'
Evening



18

Pool Party



23

Teenage Theme
Party Arcade
Mania!



SEPTEMBER

8

Oktoberfest
Charity Event



11 – 15

Oktoberfest



21

Movie Night
Goosebumps



23

Annual General
Meeting



27

Quiz Night



OCTOBER

12

Pony Play
@ Swiss Club
by Gallop Stable

12

Movie Night
Goosebumps 2



25

Quiz Night



26

Halloween Party



NOVEMBER

8

Wine and
Cheese
Fair



9

Movie Night
Back to the Outback



15 Nov – 31 Dec

Glamping



22

New Members'
Evening



29

Quiz Night



DECEMBER

7

Christmas
Flea Market

Christmas
Light-Up



8

Meet Santa
and
Gingerbread
Making



14

Kids' Workshop
Crafting Holiday Magic

Movie Night
*The Christmas
Chronicles*



24

Christmas Eve
Dinner



25

Christmas Brunch





BEING A MEMBER JUST GOT SWEETER



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A dedicated family enterprise, pursuing perfection in premium meats and gourmet offerings for over a decade.



Online store : hubers.com.sg



DATES TO REMEMBER IN DECEMBER

7 Dec

11am - 8pm
at Pavilion Ballroom
Free Entry

Swiss Club Christmas Fair

Enjoy alternative gift shopping at our curated Christmas market, featuring a unique array of sustainable, socially conscious, locally made and imported items.

If you are interested in participating as a vendor, please email a description of your products, indicating their price range and including your contact details, to events@swissclub.org.sg.

Christmas Take-Away Menu Items

Available from
15 Oct - 8 Dec 2024

7 Dec

7pm onwards
at the Roundabout
Free Entry

Swiss Club Christmas Light-Up

Enjoy festive fare including assorted Christmas cookies, mulled wine and cranberry juice, on the house. Come join us for the countdown to the light-up and the first 'snowfall' from the snow machine!

24 Dec

6:30pm - 9:30pm at Pavilion Ballroom
\$90 per Adult
\$35 per Child (5 - 12 years)

Christmas Eve Dinner

Dress up and enjoy a big night out on Christmas Eve!

8 Dec

11am - 3pm
at Pavilion Ballroom
\$60 per Adult
\$30 per Child (5 - 12 years)
Gingerbread Making at \$45 per set
Grittibänz Baking Class at \$15 per person

Meet Santa

Witness your children experience the magic of meeting Santa. Tuck into a lunch buffet with kid-friendly options, and bond with your kids over gingerbread making and more!



25 Dec

11am - 3pm at Pavilion Ballroom
\$90 per Adult
\$35 per Child (5 - 12 years)

Christmas Brunch

Spare yourself the stress of entertaining and spend quality time with loved ones over a sumptuous festive brunch. The lavish spread includes live stations, fresh seafood, ham and turkey with all the trimmings!



For reservations and enquiries, call **6591 9420** or email events@swissclub.org.sg.
Look out for more details in our e-newsletter.

All Swiss Club members are entitled to a **special 20% discount** on any Skincode product purchase



Terms and conditions:

- No minimum purchase required.
- Show member card at Isetan Orchard to enjoy this discount.
- All purchases are given a FREE 3-4 sample bundle at the counter.

All Swiss Club members are entitled to a Skincode Facial Treatment (1hour) at a special price of **\$38 instead of \$226 at Healing Touch Spa.**



To book, please contact your preferred outlet to make an appointment and quote Swiss Club Skincode Facial.

| | | | |
|----------------------------------------|----------------------------------|-------------------------------|-------------------------------------|
| Sembawang Shopping Center 6856 3638 | Novena 6856 3636 | Upper Thomson 6856 3633 | City Gate @ Beach Road 6856 3641 |
| Fort Canning 6856 3634 | Orchard Centrepoint 6856 3639 | Tampines Central 6856 3635 | Dhoby Ghaut Rendezvous 6856 3640 |
| | | | Alexandra 6856 3637 |

Terms and conditions:

- \$38.00 is before GST
- Only first-time customers are entitled to the Skincode facial treatment
- Valid only for one facial treatment per customer.
- Promotion valid from June - August 2024. Strictly by appointments only.

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Celebrating Success and Camaraderie: Swiss Club Singles Tournament

AS THE SEASON DRAWS TO A CLOSE, WE ARE DELIGHTED TO REFLECT ON THE SUCCESSFUL SWISS CLUB SINGLES TOURNAMENT. DESPITE THE CHALLENGES POSED BY INCLEMENT WEATHER, THE UNWAVERING DEDICATION AND FLEXIBILITY OF OUR PARTICIPANTS ENSURED THAT THE TOURNAMENT CONCLUDED ON A HIGH NOTE.



THANKS AND CONGRATULATIONS

A special shoutout is also due to the families and friends who turned out in full force to cheer on and support the participants. Your presence added an extra layer of excitement and encouragement, intensifying the vibrant atmosphere of sportsmanship.

Now, let's turn our attention to the true heroes of the tournament – The Winners!

LADIES' SINGLES (INTERMEDIATE) CATEGORY

Runner Up: Bolor Lorinet
Champion: Rachel Druce

MEN'S SINGLES (INTERMEDIATE) CATEGORY

Runner Up: Alexander Lerch
Champion: Alessandro Magarini Montenero

MEN'S SINGLES (OPEN) CATEGORY

Runner Up: Bill Alle
Champion: Robert Wagner



Let's give a resounding round of applause to all our winners for their outstanding achievements and exemplary sportsmanship. Your dedication and passion for the game serve as an inspiration to us all, and we look forward to witnessing your future successes on the court.



C DIVISION: A STORY OF UNITY AND TRIUMPH

The C Division team entered the season with a sense of purpose and unity, determined to make their mark in the new league. Through collaborative effort and unwavering support for one another, they overcame challenges and adversities to secure a commendable 3rd position finish. Their achievement is a result of their teamwork, camaraderie, and the collective determination to succeed.

Congratulations to the WITS Ladies teams on a season filled with triumph, growth, and unity. Here's to many more seasons of success and camaraderie on and off the tennis court.

MORE GREAT TENNIS AHEAD

As we bid farewell to this year's Singles Tournament, we eagerly anticipate the exciting events that lie ahead. Stay tuned for updates on our upcoming tournaments, where we'll once again come together to celebrate the thrill of competition and the bonds of friendship.

WITS LADIES: A SEASON OF TRIUMPH, GROWTH AND TEAMWORK

The tennis courts have seen an extraordinary display of determination, skill, and camaraderie this season by the WITS Ladies' teams. Each team has written their own story of triumph, showcasing dedication and teamwork that have elevated them to new heights.

PREMIER B TEAM: A TESTAMENT TO RESILIENCE

The Premier B Team has epitomised resilience and perseverance throughout the season. Despite facing formidable opponents and challenging circumstances, they've poured their hearts and souls into every match. Their hard work and dedication have paid off, culminating in a well-deserved 4th position finish this year.

B DIVISION: RISING TO THE CHALLENGE

The B Division ladies embarked on a journey of growth and development this season, and their efforts have been nothing short of remarkable. After being promoted to the new league, they embraced the challenge with determination and grit. Through sheer hard work and unwavering focus on the court, they managed to secure an impressive 2nd position finish. Their success is a testament to their resilience, teamwork, and relentless pursuit of excellence.



LOOKING AHEAD

As the season comes to a close, we at 40XV extend our warmest wishes to everyone for a joyous holiday season spent with loved ones. May your summer break be filled with relaxation, fun, and memorable moments. Until then, stay safe, stay active, and see you on the court!

INTERESTED IN PLAYING TENNIS AT THE SWISS CLUB?

E swissclub@forty-fifteen.com
W fortyfifteen.net

Article and photos courtesy of Asher Ng, Tennis Director, 40XV

Meet the aquaDucks Team

HERE ARE A FEW WORDS FROM OUR TIRELESS AND INSPIRING SWIMMING COACHES...

HEAD COACH STEPHANIE



“Swimming has always been a part of my life. It made me who I am today. That’s why I am passionate to share this life skill with anyone and especially with young individuals. It makes me happy and fulfilled, and keeps me young.”

COACH NIKITA



“I strive to create a safe and enjoyable environment in and around the pool for children at any age. With 10 years of experience as a professional swimmer and as a coach, my expertise includes teaching children how to swim as well as identifying their potential in the sport and supporting them as they grow.”

COACH ANNALIE



“I have been with aquaDucks since 2012. It’s an honour to share and create a happy experience with the children through sports. I enjoy teaching swimming because it is a total all-in-one fitness workout for physical, mental and emotional well-being.”

COACH TIAGO



“Swimming has been part of my life since childhood. It is a privilege to contribute to the development of children by using swimming as a means of learning. Teaching is making you believe in your abilities and never giving up.

COACH DANNY



“My passion is teaching swimming with the aim that students will love it as much as I do, and be successful in their swimming goals.

CONGRATULATIONS, SWISS SHARKS!

In recent months, the Swiss Sharks have been participating in several swim meets. A big shoutout to the Swiss Sharks for their participation in the Singapore National Aquatic Games and beating their own personal best timings. In the recent Neptune competition held by the Swiss Club, there were many winners and grinders among our intrepid swimmers.

Congratulations not just to everyone who got a medal – but to everyone who had a go!

SCHEDULE OF CLASSES AND FEES

| | | |
|-----------------------------------|------------------------------------|---------------------------------------------------|
| Babies & Toddlers (6 - 30 months) | Lesson 1x per week: | \$142.50/month (weekday) \$160/month (weekend) |
| Preschool (3 - 4 years) | Lesson 1x per week: | \$142.50/month (weekday) \$160/month (weekend) |
| Learn to Swim (5 - 8 years) | Lesson 1x per week: | \$142.50/month (weekday) \$160/month (weekend) |
| | *Additional 2nd lesson every week: | \$50/month |
| CD 1 & 2 | Training 3x per week: | \$160/month |
| CD 3 & 4 + Water Polo | Training 6x per week: | \$160/month |
| Adults Lesson (Individual) | Training 3x per week: | \$130/month |
| Adults Lesson (Couple) | Training 3x per week: | \$175/month |
| Helper's Lesson | Training 1x per week: | \$80/month |

INTERESTED IN SWIMMING LESSONS OR TRAINING AT THE SWISS CLUB?

Please contact aquaDucks at:

E swiss@aquaducks.com.sg

Article courtesy of Koen Verhoef, Founder and Managing Director, aquaDucks

*Contact aquaDucks for more information

Meet Our Trainers

OVER THE LAST 10 YEARS, ACTIVE FITNESS HAS STRIVED TO PROVIDE THE SWISS CLUB WITH HIGH QUALITY PERSONAL TRAINING FOR ITS MEMBERS. WE BELIEVE THAT OUR QUALITY OF TRAINING AND ABILITY TO CONNECT WITH OUR CLIENTS SET US APART FROM THE COMPETITION. GET TO KNOW OUR TRAINERS!

SAMUEL WANG

Samuel has a vibrant personality and a passion for health that's contagious. With his boyish charm and confident demeanour, he embodies the epitome of youthful vitality.

With several years of experience in the fitness industry, Samuel has developed a keen understanding of the human body and what it takes to achieve peak performance. Specialising in Strength and Conditioning, he thrives on pushing boundaries and challenging his clients to unleash their full potential.



JERIEL YEO

Jeriel is an innovative trainer who thrives on breaking the mould and thinking outside the box. With his rugged charm and adventurous spirit, he brings a fresh perspective to the world of fitness.

Jeriel is not afraid to challenge norms, experiment with new techniques, and push boundaries to deliver results that defy expectations. Whether it's integrating elements of parkour, calisthenics, or wilderness training into his workouts, Jeriel's creativity knows no bounds.



GALLEN TAN

Gallen, our seasoned fitness trainer whose calm demeanour and insatiable thirst for knowledge make him a guiding light in the world of health and wellness. With his reassuring presence and patient approach, David creates a tranquil environment where clients feel supported and empowered on their fitness journey.

Gallen approaches each day with an open mind and a willingness to learn. He understands that the fitness industry is constantly evolving, and he eagerly embraces new techniques, trends, and research to stay at the forefront of his field.



6 BENEFITS OF PERSONAL TRAINING

- | | |
|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| <p>1 Personalised guidance</p> <p>2 Accountability</p> <p>3 Proper form and technique</p> | <p>4 Motivation and support</p> <p>5 Efficiency in training</p> <p>6 Progression of training programmes</p> |
|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|

INTERESTED IN PERSONAL TRAINING OR GROUP FITNESS CLASSES AT THE SWISS CLUB?

M 9026 3452
E getactive@activefitness.com.sg

Article and photos courtesy of Timothy Felix, Founder and Chief Trainer, Active Fitness



Community Fund

At the Swiss Club, we ardently believe in the transformative power of collective action and the profound significance of giving back to society. Through this collaboration, our commitment echoes loudly – to effect a meaningful change and impart a positive influence on the lives of those facing challenges. Together, we aspire to construct a society that embraces inclusivity and compassion, forging a path towards a brighter future for all.

We rally your support to contribute generously, and 100% of your contribution will go towards Cerebral Palsy Alliance Singapore School and St. Andrew's Autism School, through Community Chest.

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Make a difference in their lives today!

In Support Of



Kids Fall in Love with the Beautiful Game

COSMO UNITED FOOTBALL ACADEMY (CUFA), SINGAPORE'S LEADING FOOTBALL ACADEMY, IMMERSSES KIDS IN THE BEAUTIFUL GAME OF FOOTBALL, AKA SOCCER, IN A FUN, PROFESSIONAL ENVIRONMENT AT THE SWISS CLUB.



ACTION-PACKED HOLIDAY CAMPS

Every school holiday season, CUFA offers action-packed holiday camps for kids and teens aged 4 to 13 years. They receive the full attention of the dedicated coaching team of CUFA, which includes many active and former Singapore Premier League and national team players.

During the camps, kids get to learn the meaning of teamwork while making friends, mastering new football skills, and building their fitness. They also get a boost of confidence in their physicality and revel in the sense of belonging that comes from being part of a group working towards a common goal.

The camps are held at the weather-smart and air-conditioned Swiss Club indoor hall or at the Swiss Club outdoor pitch.

START YOUNG, EXCEL EARLY

The best way to master the beautiful game is to start at an early age, when the window of learning is wide open. CUFA provides training for little ones as young as 3 years. The coaching team focus on developing psychomotor and football skills in a professional, individualised and lively environment.

It's a wonderful way to launch a lifelong love affair with not only football, but team sports and physical fitness in general – a gift you give your kids for life!

OPPORTUNITIES TO COMPETE IN REGIONAL TOURNAMENTS

When kids have grasped the basics, they enjoy putting their skills to the test by competing against other teams. CUFA participates in the JSSL National Youth League, an all-inclusive league for players of all ages, as well as tournaments throughout Southeast Asia.

A GLOBAL COMMUNITY

Consider CUFA. It's a great way to ensure your kids and teens enjoy a well-rounded lifestyle, especially in this digital age. What's more, it's a passport to join a community of football players and fans the world over, united by a love of the beautiful game.

INTERESTED IN FINDING OUT MORE ABOUT FOOTBALL TRAINING OR CAMPS?

E olliver@cufa.com.sg
T 9821 3869
W cufa.com.sg

Article courtesy of Coach Olliver Marx, CUFA



TELUNAS
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Terms and Conditions

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Offer not stackable with other promotions and is subject to availability
Offer is valid for 2 complimentary 60-minute massages per room
Validity from now until **19 December 2024**



Swiss Weeks 2024: A Celebration of Swiss-Singaporean Partnership

THE EMBASSY OF SWITZERLAND IN SINGAPORE ORGANISED THE 3RD EDITION OF SWISS WEEKS FROM 27 APRIL TO 8 JUNE 2024. THE BIENNIAL EVENT SERIES FURTHER STRENGTHENS TIES BETWEEN SWITZERLAND AND SINGAPORE, SHOWCASING SWISS CULTURE AND INNOVATION IN THE LION CITY.



INTERESTS

SWISS EMBASSY OPEN HOUSE

The festival began with a well-attended Open House at the Swiss Embassy on Saturday, 27 April. For the first time ever, the embassy opened its doors to the Swiss community and our friends and partners. This family-friendly event provided a unique opportunity to meet the embassy team, tour the recently renovated embassy building, and get a glimpse behind the scenes of Swiss diplomacy in Singapore.

A SWISS TASTE

Food lovers enjoyed a unique experience at 'A Swiss taste in Singapore', a special collaboration with Switzerland Tourism and Swissôtel the Stamford. The event began with an exclusive preview on 29 April, attended by 100 guests. Following this, the buffet at Clove restaurant ran for six weeks, inviting enthusiasts to discover Swiss culinary gems, from Valais's savory Raclette cheese and Zurich's tender veal to Graubünden's hearty soups. Refreshing beverages inspired by the Swiss mountains complemented the dishes, alongside Singaporean and international delicacies.

INNOVATION FOR A HEALTHIER FUTURE

Innovation took centre stage at the panel discussion, 'Building Tomorrow's Healthcare Today', organised in collaboration with Zühlke and the Singapore-ETH Centre on 9 May. Industry leaders, pioneering researchers, and healthcare professionals discussed the latest advancements in technology and healthcare, sparking thought-provoking conversations about the future of medical care.





A big thank you to all our partners for making the Swiss Weeks 2024 a success. Special thanks go to our key partners Hilti and Partners Group, and to our partners Bühler, Georg Fischer, Huber's Butchery, Roche and Schellenberg Wittmer.

SWISS CINEMA

Movie lovers laughed their hearts out at the Golden Village x The Projector with the screening of the Swiss comedy 'Bonschuur Ticino' on 13 May. The film provided a funny and insightful look into Switzerland's unique culture, leaving the audience entertained and informed.

HUMANITARIANISM IN ACTION

Dr. hc Hannes Schmid, a renowned Swiss photo-artist and social entrepreneur, captivated audiences with his talk on 'Human Capital, The Smiling Gecko Project' on 29 May at the Swiss Club. His inspiring story highlighted the power of education and sustainable development in creating positive change.

WELCOMING NEWCOMERS

The 'Swiss Welcome to your Singapore Start' event on 30 May, organised for the first time ever, provided a valuable platform for newcomers to connect with the Swiss community in Singapore. Representatives from the Swiss Association, Chamber of Commerce, Swiss Club, and Swiss School shared tips on life in the Little Red Dot and facilitated networking opportunities.

A SOULFUL FINALE

The festival concluded on 8 June with a lively picnic-style concert by Swiss soul-pop artist Veronica Fusaro at the Singapore Botanic Gardens. Families and friends gathered in the beautiful setting



to enjoy her solo performance, creating a perfect end to the celebrations. The event was presented by the Swiss Embassy, Huber's Butchery, and Swiss International Air Lines, with art-management.com as the event architects.

BEYOND THE SPOTLIGHT

In addition to the main events, Swiss partner organisations hosted a variety of enriching activities, including cooking classes with Chef Ernst Huber at Huber's Gourmet Studio, Yoga classes by Yoga for Change, and events organised by the Swiss School, Swiss Association, Swiss Club and Swiss Cham, adding more excitement to the festival while fostering community bonding.

Swiss culinary contributions were featured throughout the festival, with Swiss restaurants atout, coucou and Huber's Bistro presenting innovative Swiss-Singaporean dishes as part of our Swiss Food Crawl concept.

THANK YOU

A big thank you to all our partners for making the Swiss Weeks 2024 a success. Special thanks go to our key partners Hilti and Partners Group, and to our partners Bühler, Georg Fischer, Huber's Butchery, Roche and Schellenberg Wittmer.

**SWISS
WEEKS**

Welcome to Swiss School in Singapore

NESTLED IN THE TRANQUIL HEART OF THE SWISS CLUB, FAR FROM THE HUSTLE AND BUSTLE OF THE CITY, THE SWISS SCHOOL IN SINGAPORE OFFERS A NURTURING ATMOSPHERE WHERE FAMILY VALUES AND A STRONG SENSE OF COMMUNITY FLOURISH. SURROUNDED BY LUSH GREENERY, OUR SCHOOL IS THOUGHTFULLY DESIGNED TO CULTIVATE A LOVE OF LEARNING IN EVERY CHILD.

INTERESTS



EARLY CHILDHOOD DEPARTMENT: NURTURING YOUNG MINDS

Our Early Childhood Department caters to children between the ages of 2 and 4 years old. Our dedicated teachers use innovative and individualised teaching methods to stimulate cognitive skills and foster independence, self-confidence and responsibility in our young students. We believe in living our values of Responsibility, Dialogue, Respect, Honesty and Reliability on a daily basis to ensure that these principles are deeply ingrained in our students.

In our modern classrooms, motivated and attentive teachers provide personalised attention, guidance, and support. They inspire children's curiosity and satisfy their thirst for knowledge. The latest teaching materials and a variety of teaching methods ensure that learning is always a joyful experience.





LITTLE TOTS CLASSES: A GENTLE INTRODUCTION TO LEARNING

Our Little Tots classes are English-speaking playgroups for children aged 2 to 3 years old. We maintain a supportive and fun atmosphere in small groups with a maximum student to teacher ratio of 4:1. Each class is led by two English-speaking teachers, ensuring personalised care and attention.

The Little Tots programme teaches children how to interact with their peers and prepares them for future schooling. The curriculum includes sand play, sports, music and water play.

Recently, our Little Tots embarked on an adventure at HortPark. They enjoyed a bus ride with their classmates, discovered a variety of fruits and plants, had snacks, played at the playground, and even fed terrapins and petted friendly dogs. It was an incredible experience for everyone involved.



PLAYGROUP CLASSES: EXPLORING THROUGH PLAY

Our Playgroup classes are designed for children from the age of 3 years old. Each class consists of between 12 and 18 children and is led by two English-speaking teachers.

The focus is on learning through play, whether individually, in small groups or as a whole class. Our theme-based approach helps children learn about themselves, their bodies and their environment, building awareness and confidence. The programme includes sports, music, sand play, French or German, and swimming lessons.

Our Playgroup students recently went on an exciting field trip to Pulau Ubin. It was their first visit, and they were captivated by the island's natural sights and sounds. As they explored the rustic island, they observed various plants and animals and visited the former headman's house. The bus and bum boat rides were highlights, with the children delighting in the wind in their hair as they took in the scenic views. The Pulau Ubin adventure was a huge success, the children had a fantastic time, and this memorable experience will leave a lasting impression on them all.

At SSIS, we are committed to nurturing the young minds of today to become the responsible and confident leaders of tomorrow. Join us in this exciting journey of discovery and growth!

Welcome To Pulau Ubin



INTERESTED IN A PERSONALISED CHAT AND SCHOOL TOUR?

T 6468 2117
E info@swiss-school.edu.sg

Article courtesy of Giulia Bellini, Marketing and Communications Executive at SSIS; photos courtesy of SSIS

Rolex and the U.S. Open: A Challenge and an Honour of the Highest Order

THE UNITED STATES GOLF ASSOCIATION (USGA) HAS CONDUCTED THE U.S. OPEN SINCE 1895, AND ROLEX HAS BEEN THE TIMEKEEPER SINCE 1908 AS PART OF ITS LONG-TERM COMMITMENT TO THE SPORT.



Rolex Testimonee Scottie Scheffler hits a tee shot at the 2023 U.S. Open

©Rolex/Chris Turvey

ROLEX TESTIMONEES TRIUMPH, TIME AFTER TIME

As the penultimate men's major of the season, this esteemed event has been the scene of memorable triumphs for an elite band of Rolex Testimonees, most notably legend of the game Jack Nicklaus, who shares the record for the most victories, having lifted the U.S. Open Trophy on four occasions (1962, 1967, 1972, 1980). The American competed in 44 consecutive U.S.

Open Championships, starting as a 17-year-old amateur in 1957, and finishing as a 60-year-old in 2000.

Fellow Testimonee Tiger Woods is a three-time U.S. Open champion (2000, 2002, 2008) and holds the record for the largest margin of victory, that being 15 strokes at Pebble Beach in 2000. This remains the all-time record for all major championships. Woods is also the only man to have won the U.S.

Junior Amateur (1991, 1992, 1993), the U.S. Amateur (1994, 1995, 1996) and the U.S. Open on three occasions.

The American was awarded the prestigious Bob Jones Award at a special ceremony on Wednesday, 12 June, prior to the start of the tournament. The award is the USGA's highest honour, recognising distinguished sporting conduct and respect for golf's long-standing



The U.S. Open is one of the toughest tests of a player. Every aspect of your game has to be at the highest possible level to win.

Rolex Testimonee Jon Rahm

traditions. Other members of the Rolex family who have received the award include Player (1966), Palmer (1971), Nicklaus (1975), Lorena Ochoa (2011) and Annika Sörenstam (2012).

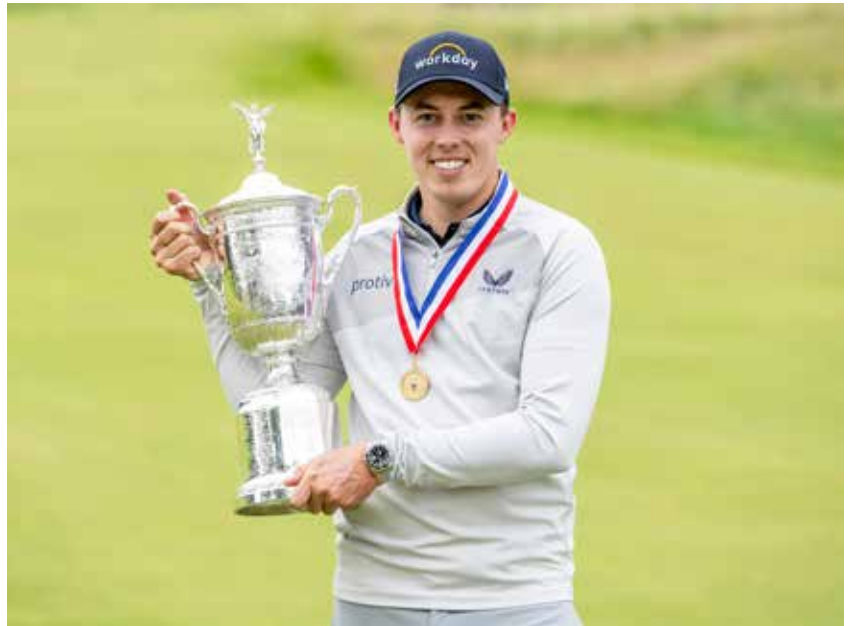
Now home to the USGA's headquarters, Pinehurst last staged the U.S. Open in 2014 and saw Rolex Testimonee Martin Kaymer triumph, having led wire-to-wire to claim his second major title. In doing so, the German became the first player from continental Europe to win the U.S. Open.

Other Testimonees to have won the U.S. Open include Arnold Palmer (1960), Gary Player (1965), Tom Watson (1982), Curtis Strange (1988, 1989), Retief Goosen (2001, 2004), Jordan Spieth (2015), Brooks Koepka (2017, 2018), Bryson DeChambeau (2020), Jon Rahm (2021) and Matt Fitzpatrick (2022).

Commenting on the challenge of the U.S. Open, Jon Rahm said: "The U.S. Open is one of the toughest tests of a player. Every aspect of your game has to be at the highest possible level to win."

A WORLDWIDE PARTNERSHIP WITH THE GAME OF GOLF

Rolex is deeply committed to the game, and is a partner of important amateur tournaments across the globe, including the ground-breaking Augusta National Women's Amateur launched in 2019, The British Amateur Championship, U.S. Amateur Championship, European Amateur Championship, Asia-Pacific Amateur Championship, Latin America Amateur Championship and Women's Amateur Latin America Championship. Rolex also supports the leading amateur team competitions, the Arnold Palmer Cup, Walker Cup, Curtis Cup, Junior Ryder Cup and World Amateur Team Championships.



Rolex Testimonee Matt Fitzpatrick lifts the trophy after winning the 2022 U.S. Open ©Rolex/Chris Turvey

U.S. Open at a Glance

1895 Year of Inaugural Championship

NEWPORT COUNTY CLUB Site of Inaugural Championship on Rhode Island

<1.4 Qualifying handicap for amateurs competing for the U.S. Open Trophy

18 HOLES in the U.S. Local Qualifying Round, at over 100 courses

36 HOLES in the Final Qualifying Round, at several sites in the U.S. and one each in Japan and Europe

APPROX. 530 Number of places in the Final Qualifying Round, known as "golf's longest day"

About the U.S. Open Trophy

4.6 CM & 3.9 KG Height and weight of U.S. Open Trophy

The U.S. Open Trophy permanently resides at the USGA Museum in New Jersey. The winners receive a full-size replica in a post-championship ceremony that they keep for the duration of their reign before returning it the following year and receiving a smaller replica that is theirs to keep permanently.

The trophy, which has a winged female figure representing victory on its lid, is revered by golfers and has served as a point of inspiration for generations.

Have You Heard of Cerebral Palsy?



A SOCIAL SERVICE AGENCY SUPPORTED BY THE SWISS CLUB COMMUNITY FUND, CEREBRAL PALSY ALLIANCE SINGAPORE (CPAS) EXPLAINS HOW THIS COMPLEX CONDITION AFFECTS THE LIVES OF CHILDREN AND ADULTS IN SINGAPORE, AND WHAT THEY ARE DOING TO HELP.

WHAT IS CEREBRAL PALSY?

Cerebral (brain) palsy (lack of muscle control) is an inclusive term used to describe a group of non-progressive disorders occurring in young children in which damage to the brain causes impairment of motor function.

The degree of disability ranges from extreme tightness or looseness of the muscles of the body, improper head, shoulder, or hip control to slight speech impairment. The condition can be caused before or during birth or some illness or injury to the children early in life and is lifelong and not curable.



ABOUT CPAS

Established in 1957, CPAS supports over 700 children and adults with cerebral palsy or multiple disabilities. The organisation offers essential programmes and services such as early intervention, special education, therapy, vocational training, and more, to support them in striving for independence and to be integrated into the wider community in Singapore.

One core programme is CPAS school, a double-session Special Education (SPED) school serving students between 7 and 18 years old with moderate to severe multiple disabilities. The SPED curriculum aims to equip students with a holistic education to live meaningfully, learn continuously and work productively.



Established in 1957, CPAS supports over 700 children and adults with cerebral palsy or multiple disabilities.

HOW YOU CAN HELP

Your donations could help support the provision of essential programmes and services to support essential therapy and the purchase of equipment, amongst others, for children and adults with cerebral palsy or multiple disabilities.

Find out more about CPAS at <https://cpas.org.sg>

Thank you for your support!

HOW TO INTERACT WITH PERSONS WITH DISABILITIES (PWDS)

- 1 Always ask for permission before helping a person with a disability. Respect their autonomy and allow them to express their needs.
- 2 If you feel the need to assist by touching their wheelchair or any other assistive device, politely ask if they're comfortable with it first. These devices are extensions of their personal space, and it is essential to respect that.
- 3 Take a moment to assess the physical space for any obstacles that may hinder their mobility. Check for high doorknobs, cluttered pathways, or uneven surfaces. Removing these barriers ensures a more inclusive environment for everyone.

Making Friends is Hard. It's Harder for Some of Us.



GOOD FRIENDS ARE GOOD FOR YOUR PHYSICAL AND EMOTIONAL WELL-BEING. FOR INTERNATIONAL DAY OF FRIENDSHIP (30 JULY), LET'S REACH OUT TO PERSONS WITH AUTISM AND MAKE A DIFFERENCE TO THEIR LIVES.

IT IS DIFFICULT FOR PERSONS WITH AUTISM TO MAKE FRIENDS

Autism, or autism spectrum disorder (ASD), is a neurological and developmental disorder that affects how people communicate and interact with others. No two individuals with autism are exactly alike; some may struggle with sensory processing issues while others, repetitive behaviours.

AUTISM CANNOT BE CURED OR "OUTGROWN"

Autism is a lifelong condition. Early intervention, therapy, and support can help your friends with autism to learn skills and improve abilities, but key associated characteristics will persist throughout their lives.



PERSONS WITH AUTISM OFTEN DISPLAY CHALLENGING BEHAVIOURS

Some of these behaviours include hitting oneself, biting others, slamming doors, breaking furniture, shouting, screaming and taking off clothes. They occur because your friends with autism have difficulty expressing their needs/emotions – such as pain or changes in routine – as easily as others, hence they often feel stressed and frustrated.

YOUR FRIENDS WITH AUTISM CAN COMMUNICATE – JUST DIFFERENTLY

Persons with autism can understand and express needs and emotions, and respond to social cues. One effective way is through visual aids, for example, pictures or drawings at St. Andrew's Autism Centre, teachers or coaches may also use tools like communication boards to guide them towards interacting with others.

A 1-2-3 GUIDE TO BETTER COMMUNICATE WITH YOUR FRIENDS WITH AUTISM

- 1 Be patient, as your friends will need more time to process and respond.
- 2 Speak literally, so that they understand what's being communicated. For example, say "It's raining very heavily", instead of "It's raining cats and dogs".
- 3 If your friends show signs of distress, use a gentle tone of voice – and stay calm.

GET STARTED HERE

Come befriend persons with autism and become part of the community who serves them and their caregivers.

St. Andrew's Autism Centre serves 460+ persons with autism through a special education school, two day activity centres, and a residential home.

Save the date for Walk of a Lifetime (21 September 2024, Sat), our annual community get-together. Expect a charity walk, game and activity stations, and plenty of opportunities to meet new friends! More deets at www.saac.org.sg.

For more information on how you can support St. Andrew's Autism Centre, follow us at



@sg.SAAC



@SAACsg



StAndrewsAutismCentre

10 Questions

WITH THE VAN QUAQUEBEKE FAMILY

WE PUT 10 QUESTIONS TO DIRK AND ALICE VAN QUAQUEBEKE, PARENTS OF TWO LOVELY LITTLE GIRLS, SWISS CLUB MEMBERS SINCE LATE 2020, AND A VERY INTERESTING COUPLE.

#1.

PLEASE TELL US ABOUT YOURSELVES.

“Dirk is Belgian German from Kiel, Germany. He is a Managing Partner of an early-stage venture capital firm. Alice is Taiwanese American, grew up in San Francisco, California, and consults for her family’s multidisciplinary engineering business. We have been in Singapore for over 15 years and have two daughters, 8-year-old Zoe and 3-year-old Sophia.

#2.

DO YOU HAVE A PERSONAL PHILOSOPHY THAT YOU CAN SHARE WITH US?

“Our hope is to help the next generation inherit a better world.



#3.

WHEN DID YOU JOIN THE SWISS CLUB?

“We joined in late 2020, during the pandemic when Singapore started to reopen.

#4.

WHY DID YOU JOIN THE SWISS CLUB?

“We moved into a smaller development and wanted to join a club with outdoor facilities and space for the girls to run around. We had looked at a few clubs in the city centre, but none compared to the Swiss Club’s lush expansive setting.

#5.

WHAT DO YOU LIKE MOST ABOUT THE SWISS CLUB?

“The Club’s beautiful surroundings and relaxing environment are second to none. We always look forward to seeing friendly faces when we visit, including the Swiss Club team. Over the years, we have met so many wonderful Members from different cultures and made lifelong friends. The Club is our home away from home!”

#6.

WHAT FACILITIES AT THE SWISS CLUB DO YOU USE AND ENJOY THE MOST?

“We spend a lot of time at the tennis courts, by the pool and of course at the playground.”

#7.

CAN YOU SHARE SOME PRECIOUS MEMORIES OF HAPPY TIMES SPENT AT THE SWISS CLUB?

“We have celebrated birthdays, anniversaries and so many other occasions at the Swiss Club. We never miss an Oktoberfest and look forward to it every year. Kudos to Aaron and the entire team for putting on such an incredible event, year after year!”



#8.

WHAT DO YOU THINK OF THE CHANGES THAT HAVE BEEN HAPPENING AT THE SWISS CLUB?

“The recent renovations are superb. We love that the Club is constantly looking for ways to improve its facilities and refresh its offerings.”

#9.

DO YOU HAVE ANY DINING RECOMMENDATIONS TO SHARE WITH YOUR FELLOW MEMBERS?

“We have tried and enjoyed almost everything on the menu, but a family favourite is the yellow dal tadka with plain naan.”

#10.

DO YOU HAVE ANY ADVICE FOR FELLOW MEMBERS REGARDING MAKING THE MOST OF THEIR TIME AT THE SWISS CLUB?

“There are tons of great activities, sub-communities with shared interests, and social events that the Club has to offer. Get involved! The girls take tennis and swimming lessons, Alice is part of the Club’s C division WITS tennis team (SC Rackettes) and Dirk is a regular at the tennis apero social. Our advice is to take the opportunity to socialise with members who enjoy the same activities as you. You could find your next padel buddy or tennis partner.”

THANK YOU, DIRK AND ALICE, FOR SHARING YOUR FASCINATING FAMILY BACKGROUND AND YOUR EXPERIENCES AT THE SWISS CLUB.



Meet a Staffer

Jesline Happily Goes Beyond Her Job Scope

THOUGH SHE OBVIOUSLY ENJOYS HER JOB, OUR FINANCE MANAGER JESLINE YEOW LOVES TO LEAVE HER DESK AND HELP OUT HER COLLEAGUES WITH CLUB EVENTS.

A CAREER IN CLUBS

Jesline, who hails from Malaysia, has been working in the hospitality industry for around 17 years. She has worked at both hotels and private clubs, including the Singapore Cricket Club, Hollandse Club, and Serangoon Gardens Country Club. She joined the Swiss Club in December 2022.

In her current role, Jesline is responsible for finance reporting, book-keeping and tabulating monthly profits and losses, GST and taxation. She has also built a reputation for tenaciously chasing credit (the sign of a good Finance Manager, no doubt).

"My colleagues call me the Swiss Club Ah Long," she confided, with a hint of pride. (Note: 'Ah long' is a colloquial local term for 'loan shark'.)

MORE THAN CRUNCHING NUMBERS

Jesline loves the flexibility her job offers and the fact that she is neither defined by, nor confined to, her job title.

"At the Swiss Club, you can step out of the box and join your teammates to set up and participate in Club events," shared Jesline.

SPICE OF LIFE

Outside of work, Jesline enjoys gourmet coffee, cooking and travelling.

At work, she enjoys the friendliness of Members and colleagues, and of course the great food from the Swiss Club kitchen. When asked for a dining recommendation, she replied, "Vegetarian kimchi fried rice is at the top of my most-ordered list of dishes. If you love spice, or kimchi, try it out!"

JOIN IN THE FUN

Jesline had this parting message for Members: "Join our Swiss Club events. We always create a fun party for all!"

We second Jesline in urging you to attend the Club's packed calendar of events, from Summerfest to Oktoberfest and beyond. And do look out for Jesline. Chances are she'll be helping out.



At the Swiss Club, you can step out of the box and join your teammates to set up and participate in Club events

Jesline Yeow

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EMAIL: INFO@TALLSHIP.COM.SG

Programme of Sports Activities for July to December 2024



TENNIS

MEMBERS' OPEN PLAY

Sat 3pm – 6pm (Courts 2, 3 and 4)

LADIES' TEAM TRAINING

Courts 4 and 5

Mon 9am – 11am (WITS Team)

Tue 10am – 12pm (WITS Team)

Fri 8am – 9.30am (STA Team)

10am – 12pm (Ladies' Group Training)

For times and dates, please see the 40XV display at the tennis courts.

APERRO TENNIS MIXED SOCIAL

Thu 7pm – 8.30pm

MIXED CARDIO TRAINING

Tue & Thu 10am – 11.30am

Please contact Asher Ng at

E swissclub@forty-fifteen.com

T 6591 9438

PADEL

MEMBERS' OPEN PLAY

Sat 2pm – 5pm

(first-come, first-served basis)

APERRO SOCIAL PADEL

Wed 7pm – 8.30pm

(first-come, first-served basis)

Please contact Asher Ng at

E swissclub@forty-fifteen.com

T 6591 9438

MAHJONG

Wed 7.30pm – 10.30pm

Please contact Jill Boschung at

E jillbos@yahoo.com

T 9022 4605

GOLF

GERMAN-SWISS GOLF CLUB

Please contact David Martiny at

E germanswissgolfclub@gmail.com

T 8199 1351

FOOTBALL

SOCIAL FOOTBALL

Mon 8pm – 10pm

(Sports Field)

Please email Michael Becker at

michaelbecker2003@gmail.com

to join our mailing list. An email is

sent to Swiss Club Members every

Friday to get players registered for

football on Monday.

GERMAN-SWISS ALL STARS

COSMO LEAGUE

Tue 7pm – 9pm

(Sports Field)

CASUAL KICK

Tue 9pm – 10.30pm

(Sports Field)

Please contact Urs Brutsch at

E Urs.Brutsch@hpwm.sg

(German All Stars)

SWIMMING

ADULTS' TRAINING

Tue 7.15pm

Wed 2pm

Please contact aquaDucks at

E swiss@aquaducks.com.sg or

David at david@aquaducks.com.sg

T 8260 9032 (weather update only)

SOCIAL TREKKING

Times and dates to be advised.

Please contact Samir or Sven at

T 8189 1234 (Samir)

9806 8513 (Sven)

YOGA

YIN YOGA CLASSES

Tue 7.45pm – 8.45pm

HATHA FLOW YOGA

Fri 8am – 9am

HATHA YOGA

Sat 9am – 10am

Please contact Ruchica

(Yoga Library Pte Ltd) at

E rp@yogalibrary.com.sg

T 9711 5599 for more details

PROFESSIONAL FITNESS SERVICES

STRONGER

Mon 7pm – 7.45pm

Thu 7.30am – 8.15am

Fri 8.15am – 9.15am

(Outside Gym)

PILATES

Wed 8am – 9am

Sat 10am – 11am

(Gym Studio)

ZUMBA

Mon 8.30am – 9.30am

(Gym Studio)

SPINNING

Sat 11am – 12pm

(Gym Studio)

(Note: Pre-register to secure a bike for class)

Please contact Jason Stanley

24 hours before class at

E getactive@activefitness.com.sg

T 9026 3452

PERSONAL TRAINING

Please contact Timothy Felix at

E getactive@activefitness.com.sg

T 9191 7475



FOR CHILDREN

DANCE FOR KIDS

HIP HOP

4 – 6 years old, Fri 4pm – 5pm
7 – 12 years old, Fri 5pm – 6pm

JAZZ

4 – 6 years old, Sun 10am – 11am
7 – 12 years old, Sun 11am – 12pm

Please contact Chameleo Kidz Academy at
E info@chameleokidz.com
T 8833 2669

DRAMA/SINGING CLASSES FOR KIDS

TEMPORARILY
SUSPENDED

SONG AND DANCE TINY STARS

Preschoolers, Tue 9.30am – 10.30am

BRIGHT STARS

4 – 6 years old, Sat 1pm – 2pm

SHINING STARS

7 – 10 years old, Sat 2pm – 3pm

Free Trial class available
Please contact Fiona Obrist at
W <https://dansingacademy.com/>

FOOTBALL TRAINING FOR KIDS COSMO UNITED

FOOTBALL ACADEMY

Training on Sat 10.30am – 12pm
(Indoor Sports Hall)

Open to all players born between
1 Jan 2012 and 31 Dec 2015

Open to Swiss Club Members
and Non-Members.

Please contact Olliver Marx at
E info@cufa.com.sg
W www.cufa.com.sg
T 9821 3869

JUNIOR TENNIS PROGRAMME

Mon – Fri 4pm – 7.30pm
Sat 8.30am – 12pm

- Parent/child and tiny tots programme
- Junior introductory/development programme
- Junior intermediate/advanced programme

For times and dates, please see the
40XV display at the tennis courts.

Please contact Asher Ng at
E swissclub@forty-fifteen.com

SWIMMING

BABIES' AND TODDLERS' LESSONS (6 – 36 MONTHS)

Tue – Fri 3pm – 5pm
Sat 8.30am – 12pm

PRESCHOOL SWIMMING LESSONS (3 – 4 YEARS OLD)

Tue – Fri 3pm – 5pm
Sat 8.30am – 12pm

LEARN TO SWIM (5 – 8 YEARS OLD)

Tue – Fri 3pm – 5pm
Sat 8.30am – 12pm

STROKE AND DEVELOPMENT

(CD 1 – 4)
Tue – Fri 5pm, 6pm
Sat 8.30am, 9.40am, 2pm, 4.45pm

Please contact aquaDucks at
E swiss@aquaducks.com.sg or
David at david@aquaducks.com.sg
T 8260 9032 (weather update only)

KARATE

KYOKUSHIN

Thu 5pm – 6pm
4 years and above
Parents are welcome to join
class (Aerobics Studio)

Please contact the instructor,
Sensei Lai at
E ekl@caa.columbia.edu
T 9185 0900

TAEKWONDO LESSONS

Sat 9.50am – 11am
Please contact Master Richard at
E coach.tkd.richard@gmail.com

GOT A SUGGESTION?

If you would like to suggest a new activity, please contact our
Sports Team at:

E sports@swissclub.org.sg T 6591 9427



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