

Day/ Programme	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Babies & Toddler (6-36 mths old)	3:00pm/ 3:30pm	3:00pm/ 3:30pm	3:00pm/ 3:30pm	3:00pm/ 3:30pm	3:00pm/ 3:30pm	9:30am/ 10:00am/ 10:30am /11:00am
Preschool (3-4yr old)	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	9:30am/ 10:00am / 10:30am / 11:00am/ 11:30am / 3:00pm/ 3:30pm / 4:00pm
Learn to swim (5-8 yrs old)	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	3:00pm/3:30pm/ 4:00pm/ 4:30pm	9:30am / 10am/ 10:30am / 11am / 11:30am / 2:00pm / 3:00pm / 3:30pm / 4:00pm / 4:30pm
Stroke & Develpment (7-12 yrs old)	5:15pm	5:15pm	5:15pm	5:15pm	5:15pm	9:30am / 3:00pm / 3:45pm
Competitive Training (8-16yrs old)	6:00pm	6:00pm	6:00pm	6:00pm	6:00pm	8:30am / 5:00pm
Adults Swim Training	x	7:15pm	2:30pm	x	x	x